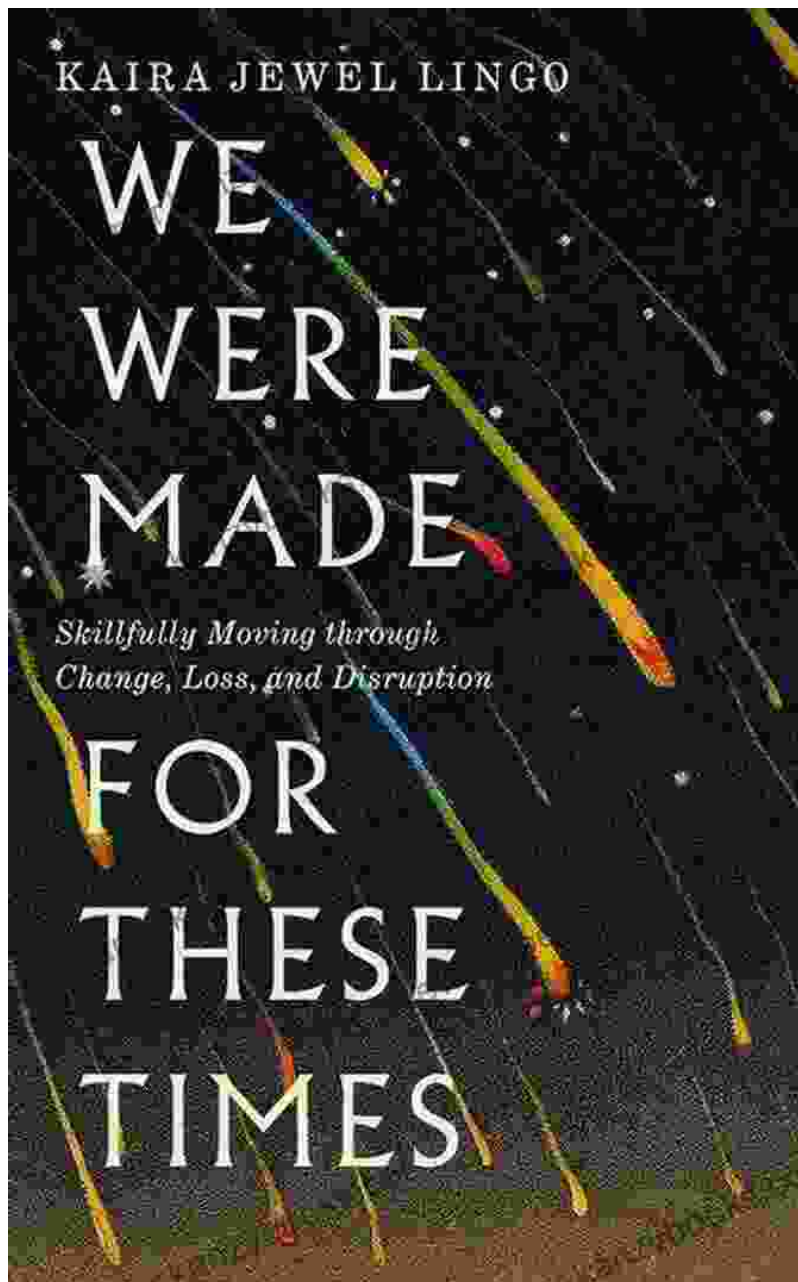


# We Were Made For These Times: A Call to Courage in the Face of Adversity



**We Were Made for These Times: Skillfully Moving through Times of Transition and Challenge**

by Kaira Jewel Lingo

★★★★☆ 4.7 out of 5



Language	: English
File size	: 2780 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 148 pages



In her new book, *We Were Made For These Times*, Franciscan Sister Ilia Delio offers a timely and inspiring message of hope and resilience in the face of adversity. Drawing on her own experiences and the wisdom of saints and mystics, Delio shows us how we can find meaning and purpose in our suffering and become agents of change in the world.

Delio begins by acknowledging the challenges that we all face in our lives. We may experience loss, illness, heartbreak, or injustice. We may feel overwhelmed by the state of the world, with its violence, poverty, and environmental degradation. It can be easy to despair in the face of such adversity.

But Delio reminds us that we are not alone in our suffering. All human beings experience pain and loss. And it is through our suffering that we can find our greatest strength and compassion.

Delio draws on the wisdom of saints and mystics who have found meaning and purpose in their own suffering. She tells the story of St. Francis of Assisi, who embraced poverty and suffering as a way to follow Christ. She

also tells the story of St. Teresa of Avila, who suffered from chronic illness but found solace in her relationship with God.

These saints and mystics teach us that suffering is not a sign of weakness but a sign of our humanity. It is through our suffering that we can grow in compassion, wisdom, and love.

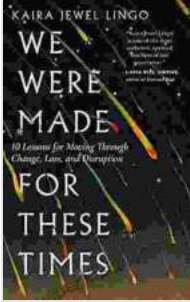
Delio also shows us how we can use our suffering to make a difference in the world. She tells the story of Dorothy Day, a Catholic social activist who founded the Catholic Worker movement. Day dedicated her life to serving the poor and homeless, and she used her own suffering to inspire others to do the same.

Delio believes that we are all called to be agents of change in the world. We can use our suffering to inspire others, to challenge injustice, and to build a more compassionate and just world.

*We Were Made For These Times* is a timely and inspiring message of hope and resilience. Delio shows us how we can find meaning and purpose in our suffering and become agents of change in the world. This book is a must-read for anyone who is struggling with adversity or who wants to make a difference in the world.

## **About the Author**

Ilia Delio, OSF, is a Franciscan Sister of Perpetual Adoration and a professor of theology at Villanova University. She is the author of numerous books, including *The Unbearable Wholeness of Being* and *Care for Creation*. Delio is a sought-after speaker and retreat leader, and she has appeared on NPR, CNN, and The Colbert Report.



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