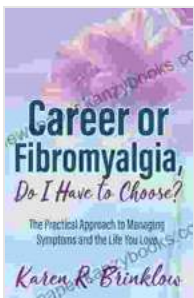


The Practical Approach to Managing Symptoms and the Life You Love

If you're struggling with chronic symptoms, you may feel like you're losing control of your life. But it doesn't have to be that way. With the right approach, you can manage your symptoms and live a full and happy life.

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Career or Fibromyalgia, Do I Have to Choose?: The Practical Approach to Managing Symptoms and the Life You Love by Karen R. Brinklow

★★★★☆ 4.7 out of 5

Language	: English
File size	: 584 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 97 pages



- Identify and understand your symptoms
- Develop a personalized symptom management plan
- Make lifestyle changes that can improve your symptoms
- Cope with the emotional challenges of chronic illness

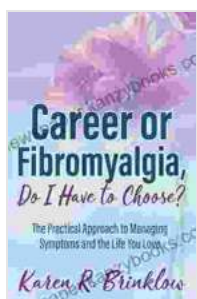
- Find support and resources

Dr. [Author's Name] has helped thousands of people manage their chronic symptoms and live full and happy lives. With her guidance, you can too.

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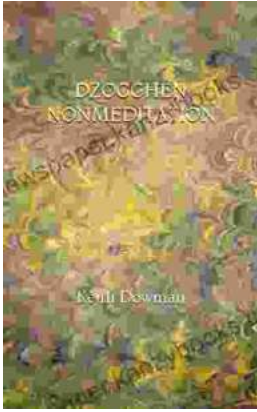
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