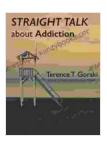
# Straight Talk About Addiction: An Indispensable Guide to Understanding and Overcoming Substance Abuse

Addiction is a complex and multifaceted disease that affects millions of people worldwide. It can lead to devastating consequences, ruining relationships, careers, and even lives. If you or someone you know is struggling with addiction, it is important to seek help.

**Straight Talk About Addiction** by Terence T. Gorski is an essential resource for anyone who wants to understand and overcome addiction. This comprehensive book provides a clear and concise overview of the disease, including its causes, symptoms, and treatment options.

## In Straight Talk About Addiction, you will learn:



### Straight Talk About Addiction by Terence T. Gorski

★ ★ ★ ★ 4.8 out of 5 Language : English : 1174 KB File size : Enabled Text-to-Speech Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Print length : 205 pages : Enabled Lending



- The definition of addiction and how it differs from other forms of substance abuse
- The different types of addiction, including alcohol addiction, drug addiction, and gambling addiction
- The causes of addiction, including genetic, environmental, and psychological factors
- The symptoms of addiction, both physical and psychological
- The different treatment options available for addiction, including detoxification, therapy, and medication
- The importance of support groups and other resources for recovery

**Straight Talk About Addiction** is an invaluable resource for anyone who is struggling with addiction, as well as for family members, friends, and loved ones who want to help. This book provides a wealth of information and support, and it can help you or your loved one get on the road to recovery.

#### **About the Author**

Terence T. Gorski is a nationally recognized expert on addiction. He is the founder of the Gorski-CENAPS model of addiction treatment, which is used in treatment centers throughout the world. Gorski has written extensively about addiction, and his books have helped millions of people understand and overcome this devastating disease.

#### **Reviews**

"Straight Talk About Addiction is an essential resource for anyone who wants to understand and overcome addiction. This book provides a clear

and concise overview of the disease, including its causes, symptoms, and treatment options. I highly recommend this book to anyone who is struggling with addiction, as well as to family members, friends, and loved ones who want to help."- Dr. Drew Pinsky

"Straight Talk About Addiction is a must-read for anyone who wants to understand addiction. This book provides a comprehensive overview of the disease, including its causes, symptoms, and treatment options. I highly recommend this book to anyone who is struggling with addiction, as well as to family members, friends, and loved ones who want to help."- Dr. Phil McGraw

"Straight Talk About Addiction is an invaluable resource for anyone who is struggling with addiction. This book provides a wealth of information and support, and it can help you or your loved one get on the road to recovery."-Oprah Winfrey

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Straight Talk About Addiction is available in hardcover, paperback, and e-book formats. Free Download your copy today and start your journey to recovery.

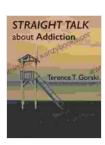
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#### **Additional Resources**

- The National Council on Alcoholism and Drug Dependence (NCADD)
- The Substance Abuse and Mental Health Services Administration (SAMHSA)
- The National Institute on Drug Abuse (NIDA)



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