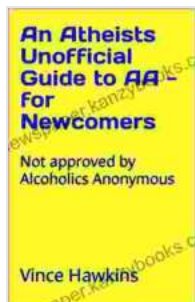


# Not Approved By Alcoholics Anonymous: Breaking the Chains of Addiction



**An Atheists Unofficial Guide to AA - for Newcomers:  
Not approved by Alcoholics Anonymous (Vince  
Hawkins' Non-fiction Addiction Recovery)** by Vince Hawkins

★★★★☆ 4.8 out of 5

Language : English  
File size : 1597 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 113 pages  
Lending : Enabled



In his groundbreaking book, *Not Approved By Alcoholics Anonymous*, Vince Hawkins challenges the rigid dogma of Alcoholics Anonymous and empowers individuals to forge their own paths to sobriety.

Drawing on his own experiences with addiction and recovery, Hawkins offers a fresh perspective on the disease and its treatment. He argues that AA's "one size fits all" approach is not effective for everyone, and that individuals need to find a recovery program that meets their unique needs.

Hawkins also provides a detailed critique of AA's 12-step program, which he believes can be harmful to some people. He argues that the program's

emphasis on powerlessness and dependence on a higher power can lead to feelings of shame and inadequacy.

Instead of relying on AA, Hawkins encourages individuals to develop their own personalized recovery plans. He offers a variety of tools and resources to help people get started, including:

- Self-help books and workbooks
- Online support groups
- Therapy
- Medication

Hawkins also emphasizes the importance of building a strong support system of family and friends. He believes that social support is essential for long-term recovery.

Not Approved By Alcoholics Anonymous is a groundbreaking book that challenges the traditional thinking about addiction and recovery. It offers a fresh perspective and provides hope and inspiration to those struggling with the disease.

## **Vince Hawkins**

Vince Hawkins is a recovering alcoholic and the author of Not Approved By Alcoholics Anonymous. He has been sober for over 20 years and has helped countless others achieve sobriety. Hawkins is a certified addiction counselor and a member of the National Association of Addiction Treatment Professionals.

Hawkins' work has been featured in numerous media outlets, including The New York Times, The Washington Post, and The Wall Street Journal. He has also appeared on national television and radio programs, including The Today Show and The Oprah Winfrey Show.

Hawkins is a passionate advocate for addiction recovery. He believes that everyone deserves a chance to live a sober and fulfilling life.

## **Reviews**

"Not Approved By Alcoholics Anonymous is a must-read for anyone who is struggling with addiction or knows someone who is. Vince Hawkins' insights are invaluable, and his personal story is both inspiring and heartbreaking."

- *Dr. Drew Pinsky, host of Dr. Drew*

"Vince Hawkins has written a groundbreaking book that challenges the traditional thinking about addiction and recovery. Not Approved By Alcoholics Anonymous is a must-read for anyone who is serious about getting sober."

- *Marc Maron, host of WTF*

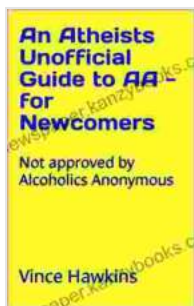
"Not Approved By Alcoholics Anonymous is a powerful and moving book. Vince Hawkins' story is a testament to the power of hope and recovery."

- *Maria Shriver, journalist and author*

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Not Approved By Alcoholics Anonymous is available in paperback, ebook, and audiobook formats. Free Download your copy today and start your journey to sobriety.

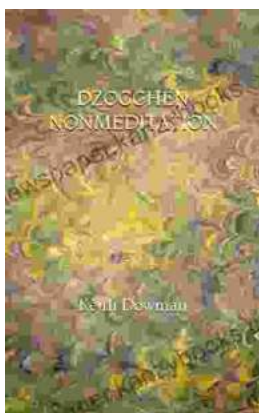
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