

# Let Me Hold You Longer: A Heartbreaking Exploration of Loss and Love

In her debut memoir, *Let Me Hold You Longer*, Ashleigh Anpilova shares her raw and honest experiences with grief, love, and healing after the loss of her beloved husband, Andrew.



## Let Me Hold You Longer by Karen Kingsbury

★★★★☆ 4.9 out of 5

Language : English

File size : 8246 KB

Screen Reader: Supported

X-Ray : Enabled

Print length : 32 pages

Lending : Enabled



Andrew was a loving and devoted husband, father, and friend. He was the kind of person who always lit up a room with his smile and made everyone around him feel loved. When he was diagnosed with cancer, Ashleigh's world was shattered.

In *Let Me Hold You Longer*, Ashleigh takes readers on a journey through her grief-filled days. She writes about the overwhelming pain of losing her soulmate, the loneliness of being a widow, and the challenges of raising her young children without their father.

But even in her darkest moments, Ashleigh finds hope and healing. She learns to appreciate the beauty of life, the importance of human connection,

and the power of love. Through her tears, she finds laughter. Through her sorrow, she finds strength.

Let Me Hold You Longer is a beautifully written and deeply moving memoir. It is a story of loss, love, and healing that will stay with readers long after they finish reading it.

### **An Excerpt from Let Me Hold You Longer**

"I remember the day Andrew was diagnosed with cancer like it was yesterday. We were sitting in the doctor's office, holding hands, when the doctor delivered the news. I felt like my whole world had been turned upside down.

"I couldn't believe that this was happening to us. Andrew was only 35 years old. He was healthy and full of life. How could he have cancer?

"The next few months were a blur. Andrew underwent surgery, chemotherapy, and radiation. I was by his side every step of the way, but I could see that he was getting weaker and weaker.

"One day, Andrew took me aside and asked me to make him a promise. He wanted me to promise that I would be happy after he was gone. He wanted me to live my life to the fullest and to always remember how much he loved me.

"I promised him that I would, but I didn't know how I could possibly be happy without him. He was my everything.

"Andrew died a few weeks later. I was devastated. I felt like I had lost a part of myself. I didn't know how I was going to go on without him.

"But I remembered the promise I had made to him. I knew that he would want me to be happy. So I started to focus on the good things in my life. I started to spend more time with my children, I started to take care of myself, and I started to make new friends.

"It wasn't easy, but I slowly started to heal. I learned to live with my grief and to find joy in life again.

"I will always miss Andrew, but I know that he would be proud of me for the woman I have become. I am a stronger, more resilient, and more loving person because of him.

"Let Me Hold You Longer is my story of loss, love, and healing. It is a story that I hope will inspire others who are grieving the loss of a loved one. You are not alone. There is hope. You will heal.

## **Reviews**

"Let Me Hold You Longer is a beautifully written and deeply moving memoir. Ashleigh Anpilova shares her raw and honest experiences with grief, love, and healing in a way that is both heartbreaking and inspiring. This is a must-read for anyone who has ever experienced loss."

**- Jenna Blum, New York Times bestselling author of Those Who Save Us**

"Ashleigh Anpilova's Let Me Hold You Longer is a powerful and poignant exploration of grief, loss, and love. Anpilova's writing is honest, raw, and deeply moving. This is a memoir that will stay with readers long after they finish reading it."

**- Susan Meissner, New York Times bestselling author of The Last Year of the War**

"Let Me Hold You Longer is a beautifully written and heartbreaking memoir. Ashleigh Anpilova's raw and honest account of her grief is both moving and inspiring. This is a must-read for anyone who has ever experienced loss."

**- Sarah Jio, New York Times bestselling author of Blackberry Winter**

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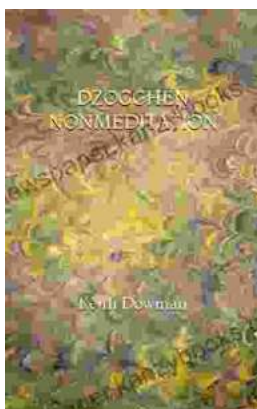
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