

# If Rheumatoid Arthritis Is Curable, Then How Can I Cure It?

Rheumatoid arthritis (RA) is a chronic autoimmune disease that affects the joints. It can cause pain, swelling, stiffness, and deformity. There is no cure for RA, but there are treatments that can help to manage the symptoms.



## If rheumatoid arthritis is curable, then how can I cure it?: What is the best Ayurvedic treatment in India for rheumatoid arthritis?

by Terence T Gorski

★★★★☆ 4.5 out of 5

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## What causes RA?

The exact cause of RA is unknown, but it is thought to be caused by a combination of genetic and environmental factors. RA is more common in women than in men, and it typically develops between the ages of 30 and 50.

## What are the symptoms of RA?

The symptoms of RA can vary from person to person. Some people may only experience mild symptoms, while others may have more severe symptoms that can interfere with their daily activities. Common symptoms of RA include:

- Pain in the joints
- Swelling in the joints
- Stiffness in the joints
- Deformity of the joints
- Fatigue
- Weight loss
- Fever
- Chills

### **How is RA diagnosed?**

RA is diagnosed based on a physical examination and a review of the patient's medical history. The doctor may also Free Download blood tests and X-rays to confirm the diagnosis.

### **How is RA treated?**

There is no cure for RA, but there are treatments that can help to manage the symptoms. Treatment options for RA include:

- Medication
- Physical therapy

- Occupational therapy
- Surgery

## What is the prognosis for RA?

The prognosis for RA varies from person to person. Some people may experience only mild symptoms that can be managed with medication. Others may have more severe symptoms that can interfere with their daily activities. RA can also lead to complications such as joint damage, heart disease, and stroke.

## Is there a cure for RA?

There is no cure for RA, but there are treatments that can help to manage the symptoms. With proper treatment, most people with RA can live full and active lives.

**If you think you may have RA, it is important to see a doctor right away. Early diagnosis and treatment can help to prevent serious complications.**



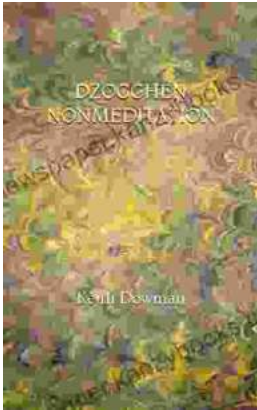
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