# Gather Around the Table: Gluten-Free Thanksgiving Feast

Thanksgiving is a time for family, friends, and food. But for those with gluten sensitivities or celiac disease, traditional Thanksgiving dishes can be off-limits. This year, make sure everyone can enjoy the feast with our roundup of delicious gluten-free Thanksgiving recipes.

#### Starters

- Gluten-Free Stuffing: This classic Thanksgiving side is easy to make and can be customized to your liking. Choose your favorite bread crumbs, vegetables, and herbs for a flavorful and filling stuffing.



#### **Gather: Recipes for a Gluten-Free Thanksgiving**

by Nicole Spiridakis	
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Enhanced typesetting : Enabled	
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- Gluten-Free Green Bean Casserole: This creamy and comforting casserole is a crowd-pleaser. Use gluten-free cream of mushroom soup and crispy fried onions to create a dish that everyone will love.

- Gluten-Free Mashed Potatoes: No Thanksgiving meal is complete without creamy mashed potatoes. Use Yukon Gold potatoes and your favorite dairy-free milk for a smooth and savory side dish.

## Main Course

- Gluten-Free Turkey: The centerpiece of any Thanksgiving feast, turkey can be cooked in a variety of ways. Whether you prefer roasted, fried, or smoked turkey, we have a recipe that will impress your guests.

- Gluten-Free Ham: Glazed ham is another popular Thanksgiving main course. This recipe uses a gluten-free glaze to create a sweet and savory dish that is sure to be a hit.

- Gluten-Free Tofu "Turk'y": For a plant-based Thanksgiving option, try this tofu "turk'y." Marinated in a flavorful blend of herbs and spices, this tofu roast is a delicious and healthy alternative to traditional turkey.

# Sides

- Gluten-Free Sweet Potato Casserole: This classic Thanksgiving side is easy to make and always a crowd-pleaser. Topped with a pecan crumble, this casserole is a sweet and savory treat.

- Gluten-Free Cranberry Sauce: No Thanksgiving meal is complete without cranberry sauce. This recipe uses fresh cranberries, orange zest, and maple syrup to create a tangy and flavorful sauce.

- Gluten-Free Brussels Sprouts: Roasted Brussels sprouts are a healthy and delicious way to add some vegetables to your Thanksgiving meal. This recipe uses a simple blend of olive oil, salt, and pepper to create a flavorful side dish.

## Desserts

- Gluten-Free Pumpkin Pie: No Thanksgiving meal is complete without pumpkin pie. This classic dessert is easy to make and can be customized to your liking. Choose your favorite gluten-free pie crust and filling for a delicious and festive treat.

- Gluten-Free Apple Pie: Apple pie is another Thanksgiving favorite. This recipe uses a gluten-free pie crust and a flavorful apple filling to create a dessert that everyone will enjoy.

- Gluten-Free Pecan Pie: Pecan pie is a delicious and decadent dessert that is perfect for Thanksgiving. This recipe uses a gluten-free pie crust and a creamy pecan filling to create a pie that everyone will love.

# Tips for a Gluten-Free Thanksgiving

- Read food labels carefully to make sure all ingredients are gluten-free.

- Use a dedicated gluten-free kitchen or cooking area to avoid crosscontamination.

- Ask your guests to bring gluten-free dishes to share.

- Inform your guests about your gluten-free diet and ask them to be mindful of any potential allergens.

With a little planning, you can enjoy a delicious and gluten-free Thanksgiving feast. So gather your family and friends, and get ready for a day of food, fun, and gratitude.

# A PULLER Lestper för a Ollaten Frer Transbagiving Vinte Sprukar

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