

# Few Body Parts Shy: A Journey of Embracing Your Whole Self

In her latest book, *Few Body Parts Shy*, Mary Roach takes readers on a fascinating journey through the human body. From the scalp to the toes, Roach explores the many quirks and wonders of our anatomy. Along the way, she shares insights from leading scientists and medical experts, as well as her own personal experiences.



## A Few Body Parts Shy: A Journey from Cancer to Breast Implant Removal Toward Health by Kathleen McLaughlin

★★★★☆ 4.9 out of 5

Language : English  
File size : 697 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 174 pages  
Lending : Enabled



Roach begins her exploration with the head, where she delves into the mysteries of the brain, the senses, and the face. She then moves on to the neck, chest, and abdomen, discussing topics such as the heart, lungs, and digestive system. Finally, she concludes her tour with the limbs and the skin.

Throughout the book, Roach is candid about her own body, sharing her experiences with everything from childbirth to plastic surgery. She also tackles difficult topics such as aging, illness, and death. However, Roach's writing is never morbid or depressing. Instead, it is full of humor, wit, and a deep appreciation for the human body.

*Few Body Parts Shy* is a must-read for anyone who is interested in the human body. It is a fascinating, informative, and ultimately uplifting book that will leave you with a newfound appreciation for your own body.

### **Praise for *Few Body Parts Shy***

"Roach is a master of science writing. She has a knack for making complex topics accessible and entertaining, and her latest book is no exception.

*Few Body Parts Shy* is a fascinating journey through the human body that is sure to leave you with a newfound appreciation for your own." - **Bill**

**Bryson, author of *A Short History of Nearly Everything***

"Mary Roach is one of the best science writers alive. She has a gift for making the complex accessible and the mundane fascinating. *Few Body Parts Shy* is a must-read for anyone who is interested in the human body." -

**David Sedaris, author of *Calypso***

"Roach's writing is a joy to read. She is funny, informative, and always engaging. *Few Body Parts Shy* is a book that will stay with you long after you finish it." - ***The New York Times Book Review***

### **About the Author**

Mary Roach is the author of seven previous books, including the New York Times bestsellers *Stiff: The Curious Lives of Human Cadavers*, *Packing for*

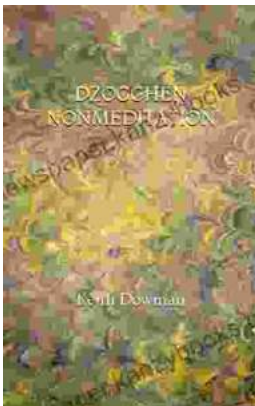
*Mars: The Curious Science of Life in the Void*, and *Bonk: The Curious Coupling of Science and Sex*. Her work has been translated into more than thirty languages and has appeared in *The New York Times Magazine*, *National Geographic*, *The Atlantic*, *Wired*, and *The Best American Science and Nature Writing*. Roach lives in Oakland, California.



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