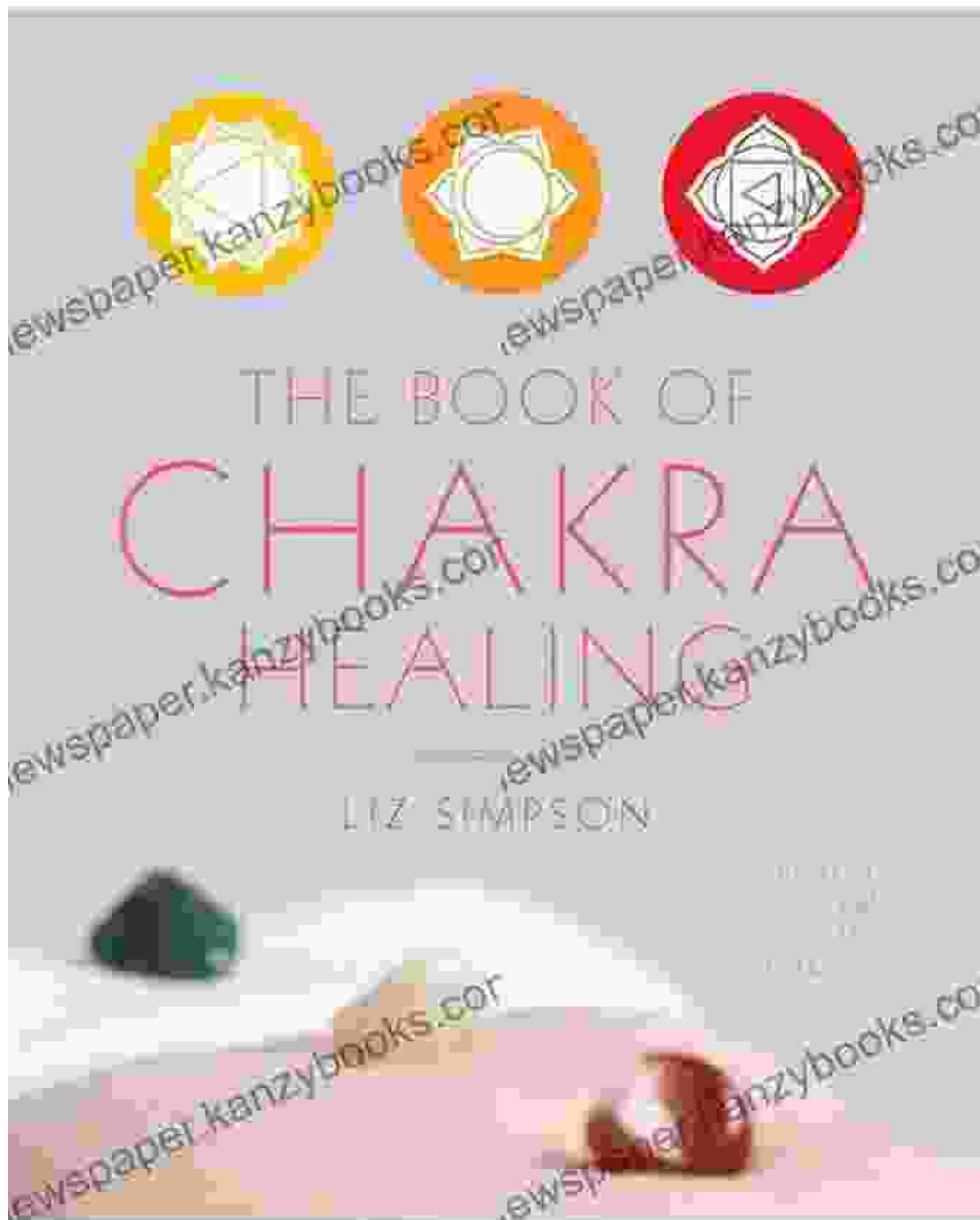


Awaken Your Energy Centers with The Of Chakra Healing Gaia Classics



What are chakras?

Chakras are energy centers located along the spine. They are responsible for regulating the flow of energy throughout the body and mind. When

chakras are balanced, we feel healthy, happy, and fulfilled. However, when chakras are blocked or out of balance, we may experience physical, emotional, or mental problems.

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The Book of Chakra Healing (Gaia Classics) by Liz Alexander

★★★★☆ 4.8 out of 5

Language : English

File size : 40980 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 132 pages



* What are chakras and how do they work? * How to identify blocked or out-of-balance chakras * How to use crystals, essential oils, and other tools to heal chakras * How to use meditation and yoga to balance chakras * How to manifest your deepest desires by working with your chakras

This book is written by a team of experienced energy healers who have helped thousands of people to heal their chakras and transform their lives.

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* You will learn the ancient secrets of chakra healing. * You will discover how to identify blocked or out-of-balance chakras. * You will learn how to

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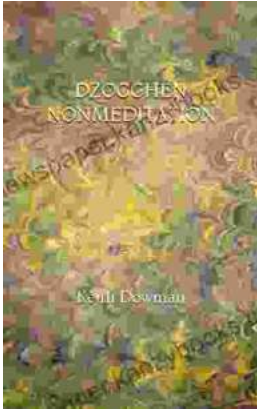
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