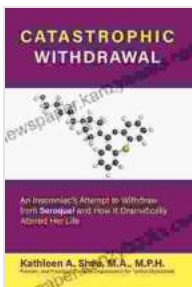# An Insomniac's Attempt to Withdraw from Seroquel and How It Dramatically Altered My Life

I have always been a good sleeper. Even as a child, I could fall asleep almost instantly and sleep through the night without waking up. But that all changed when I was prescribed Seroquel, an antipsychotic medication, for insomnia.

Catastrophic Withdrawal: An Insomniac's Attempt to Withdraw from Seroquel and How It Dramatically Altered Her Life by Kathleen A. Shea

★★★★☆ 4.3 out of 5

Language	: English
File size	: 613 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 85 pages
Lending	: Enabled

I was initially hesitant to take Seroquel, but my doctor assured me that it was a safe and effective medication that would help me get the sleep I needed. So, I started taking it as directed, and at first, it seemed to work. I was able to fall asleep more easily and stay asleep for longer periods of time.

But after a few months, I started to experience some strange side effects. I became restless and anxious, and I had a hard time concentrating. I also started to have vivid dreams and nightmares. I was so tired during the day that I could barely function.

I went back to my doctor and told him about the side effects I was experiencing. He said that they were common and that they would go away in time. But they didn't. In fact, they got worse.

I was so desperate for relief that I decided to try to withdraw from Seroquel on my own. I tapered off the medication slowly, but even that was too much for my body to handle. I experienced severe insomnia, anxiety, and depression. I was also physically ill, with nausea, vomiting, and diarrhea.

I had to go back to my doctor and get back on Seroquel. But even after I was back on the medication, I was never the same. The withdrawal process had permanently altered my brain chemistry.

I am now an insomniac. I can't fall asleep without medication, and even then, I only get a few hours of sleep each night. I am also constantly anxious and depressed. I have lost my job and my relationships. My life has been completely turned upside down.

I am not the only one who has experienced this. There are thousands of people who have been harmed by Seroquel and other antipsychotic medications. These medications are often prescribed for off-label uses, and they can have serious side effects, including insomnia, anxiety, depression, and even psychosis.

If you are thinking about taking Seroquel or another antipsychotic medication, please do your research first. Talk to your doctor about the risks and benefits of the medication, and make sure that you are fully informed before you make a decision.

I am sharing my story in the hope that it will help others avoid the same fate. Seroquel is a dangerous medication that can have devastating side effects. If you are struggling with insomnia, please seek out other treatment options before resorting to antipsychotic medication.
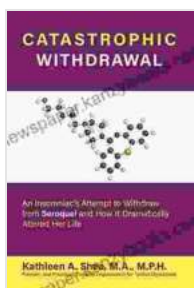
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