

An Atheist's Twelve Steps to Self-Improvement

Are you an atheist who is looking to improve your life? Do you feel like you're missing out on the guidance and support that religion can offer? If so, then this book is for you.

In this book, I offer a secular alternative to the twelve steps of Alcoholics Anonymous. These steps are designed to help you overcome challenges, achieve your goals, and live a more fulfilling life.



An Atheists Twelve Steps to Self-improvement - To accompany any Program (Vince Hawkins' Non-fiction Addiction Recovery) by Vince Hawkins

★★★★☆ 4.2 out of 5

Language	: English
File size	: 1227 KB
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Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 122 pages
Lending	: Enabled



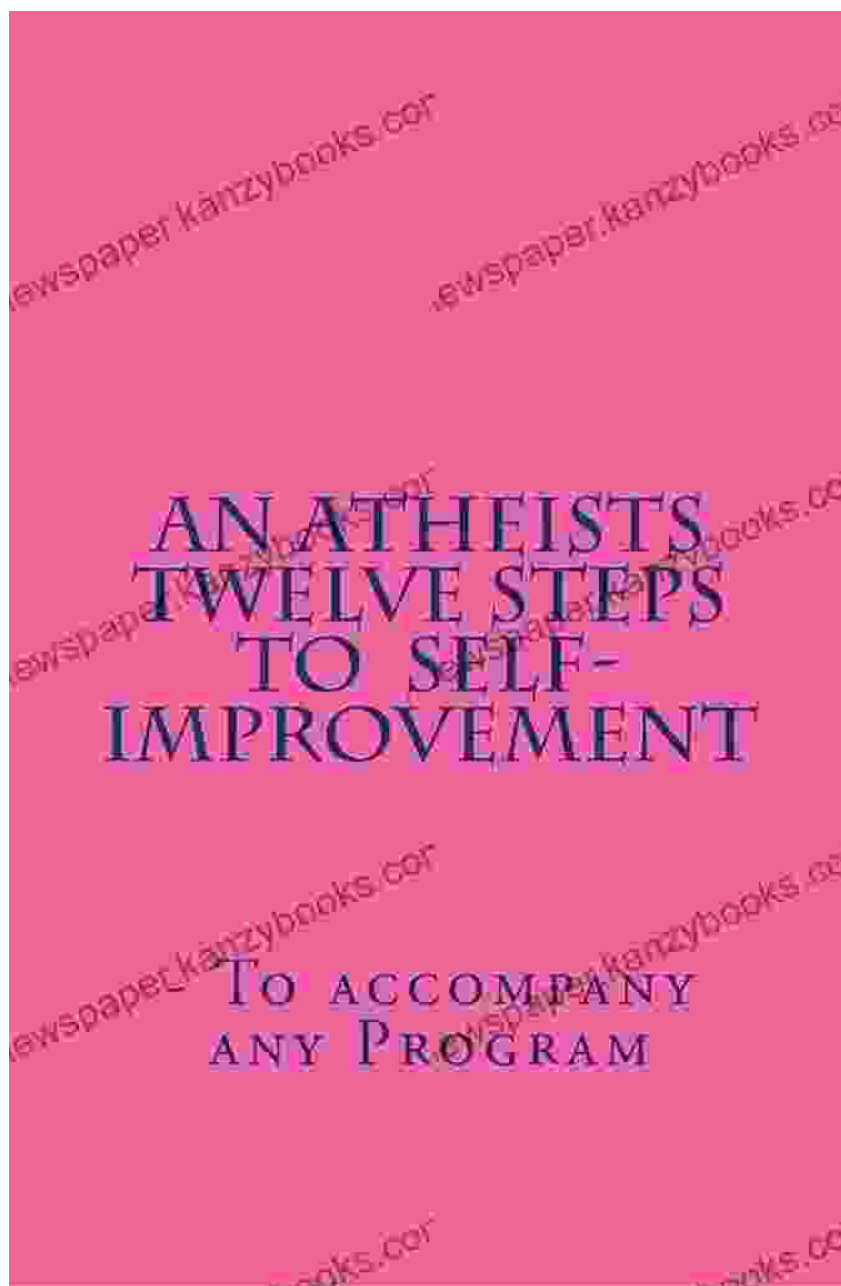
The twelve steps are as follows:

1. Admit that you are powerless over your life and that your life has become unmanageable.

2. Come to believe that a power greater than yourself can restore you to sanity.
3. Make a decision to turn your will and your life over to the care of God as you understand God.
4. Make a searching and fearless moral inventory of yourself.
5. Admit to yourself, to God, and to another human being the exact nature of your wrongs.
6. Be willing to have God remove all these defects of character.
7. Humbly ask God to remove your shortcomings.
8. Make a list of all the people you have harmed and become willing to make amends to them.
9. Make direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continue to take personal inventory and when you are wrong promptly admit it.
11. Seek through prayer and meditation to improve your conscious contact with God as you understand God, praying only for knowledge of God's will for you and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, try to carry this message to others and to practice these principles in all your affairs.

These steps are not easy, but they are possible. If you are willing to put in the work, they can help you to overcome your challenges, achieve your goals, and live a more fulfilling life.

Free Download your copy of *An Atheist's Twelve Steps to Self-Improvement* today!

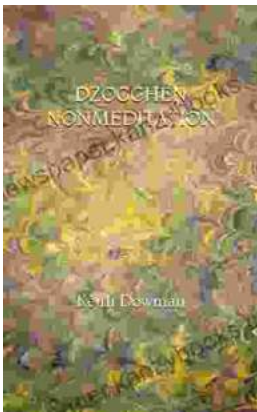


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